

Mount Zion Missionary Baptist Church

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Mount Zion Missionary Baptist Church Youth Scholarship GUIDELINES

Taking Control – will teach empowerment, communication, life option, applications, recovery from addiction, suicide prevention, behavioral health, bullying, sexual relationships and health care within five areas

The goals for the Taking Control Scholarship program are to;

- 1. help the individual(s) improve their decision making skills
- 2. adapt positive behavior that will enable the individual(s) to deal with the challenges of everyday life
- 3. improve their contributions to society
- 4. improve confidence and knowledge of the learners skill set through presentation materials
- 5. become a referral source for community services

Taking Control aims to provide students with strategies to make good and healthy lifestyle choices that contribute to a meaningful life and promote mental wellbeing and competence as they face the realities of life.

These presentations are open to all youth in the Altoona area that have an interest in "Taking Control".

Youth participating in this course will complete all categories.

- Life Style
- Behavioral Health
- What is legal and appropriate and what is not
- Educational Values Looking to the Future
- Relationships

Annual graduation and presentations on the 3rd Sunday of May in the afternoon

- Taking Control is free to all youth
- This is only youth scholarship opportunity offered through Mount Zion Missionary Baptist Church Altoona PA.

For further details, please visit our website; *mountzionaltoona.com* (Youth Zone)